



Ball-Chatham CUSD #5 2023–2024 SCHOOL YEAR Health and Wellness Plan

Based on guidance provided by the Illinois Department of Public Health, Illinois State Board of Education, and the Sangamon County Department of Public Health, Ball-Chatham School District will continue with in-person instruction five days a week and follow basic protocols for preventing the spread any other communicable illnesses.

ENHANCED CLEANING PROTOCOLS

- Hand sanitizer stations will be located in classrooms and at other key locations.
- Safe, effective cleaning products will be used throughout the day on all high touch areas in schools, classrooms, and on buses.
- Additional cleaning will occur throughout the day with intense cleaning at night.

HEALTH AND SAFETY PROTOCOLS



Masks

Anyone who chooses to wear a mask should be supported in their decision to do so.



Hand Washing

Regular hand washing and hand sanitizer usage will be encouraged throughout the school day.



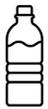
Seating Charts

Seating charts will still be required on buses to comply with federal transportation rules. In the event of an accident, the driver must be able to identify where students were seated.



Stay Home If Sick

Families must regularly screen their children and keep them home if ill or presenting symptoms. Parents will be notified if their student(s) present symptoms at school and then recommended to contact their health care profession. Return-to-school information will be provided to students and staff members on a case-by-case basis and will be determined by the health care professional or the SCPH.



Water Bottles

Students are encouraged to bring a personal container daily and utilize the bottle fillers located throughout the building.

To attend school, staff and students should be without a fever (100° F) and should not have received any medication that aids in lowering a fever for at least 24 hours before returning to school. The following is a guideline of when not to report to school:



Physicals/Immunizations/Vaccinations

Students are required to meet health, dental, and vision examinations as required by state law. The Ball-Chatham School District promotes staying up-to-date with all routine immunizations. Records should be turned into each school's office in August, prior to the start of the school year.

- Has tested positive for a communicable disease
- Has vomited within the last 24 hours
- Has a persistent cough or chest congestion
- Has diarrhea within the last 24 hours
- Has yellow or green drainage from their nose
- Has a rash of unknown origin
- Has head lice
- Has red swollen eyes that are draining
- Has strep throat



Cover Cough and Sneezes

Staff and students should properly cover coughs and sneezes with an elbow or tissue.



Food Service

Families are encouraged to complete Free and Reduced forms if there is a financial need. Due to supply chain issues, menu items may not be available each day and may change without notice. Please notify your student's school nurse regarding any allergies or special dietary needs.

This updated plan supersedes all prior plans adopted by Ball-Chatham CUSD #5. ***Required by the American Rescue Plan Act - (ESSER III)/Required by ISBE to be updated per email on June 30, 2023**

All Ball-Chatham schools will be open fully for in-person learning for all student attendance days for the 2023-24 school year.

Mask Use

Anyone who chooses to wear a mask should be supported in their decision to do so.

Handwashing and Respiratory Etiquette

School staff will monitor and reinforce frequent handwashing and respiratory etiquette by

- continuing to teach handwashing with soap and water for at least 20 seconds;
- assisting young children with handwashing;
- reminding everyone in the facility to wash hands frequently;
- using hand sanitizer when handwashing is not possible;
- continuing to teach respiratory etiquette (e.g., covering coughs and sneezes).

Facility Cleaning, Disinfection and Ventilation

Custodial staff and transportation staff will continue to clean surfaces daily to the extent possible. Maintenance staff will continue to regularly replace school ventilation system filters.

Transportation

School transportation will be offered to all students. To assist parents who are driving to work and want to transport their own child/ren, our schools will be open to students at the following times:

GIS – 7:05 AM

BES, CES, GES – 7:15 AM

GMS and GHS - 7:50 AM

Each principal will communicate instructions and procedures for drop off locations.

Staying Home When Sick

Students and staff who have symptoms of infectious illness should stay home and contact their healthcare provider for testing and care. Staying home when sick can lower the risk of spreading infectious diseases to other people.

If a student/employee tests positive for a communicable viral disease, they are encouraged stay home for a minimum of 5 days after the first day of symptoms or the specimen collection date from positive viral test for asymptomatic persons. Individuals may return to school after five days if asymptomatic or if fever-free without fever reducing medication for 24 hours, diarrhea/vomiting have ceased for 24 hours, and other symptoms have improved, and any coughing has significantly subsided.

To ensure the continuity of services, school work missed during such an absence can be requested and made up in accordance with the school's policy; social, emotional, mental health, or other needs will be provided in accordance with a student's IEP or 504 plan. Parents should contact their child's principal to discuss needs.

Physicals/Immunizations/Vaccinations

Students will be required to meet health, dental, and vision examinations as required by state law. Ball-Chatham School District promotes staying up-to-date with all routine immunizations and asks that that records be turned into each school's office in August, prior to the start of the school year.

Disabilities or Other Health Care Needs

Parents of students who need accommodations, modifications, or assistance related to disabilities, underlying medical conditions, or weakened immune systems should contact their student's case manager to discuss the need(s).

Staff members who need accommodations, modifications, or assistance related to disabilities, underlying medical conditions, weakened immune systems, or a sincerely held religious belief or practice (covered by Title VII of the Civil Rights Act of 1964) should contact Human Resources to discuss the need(s). Staff members with weakened immune systems are advised to contact their healthcare professional about the need for continued personal protective measures after vaccination.

Continuity of Services and Other Student Needs **Students' Academic Needs** All students must meet all graduation and statutory requirements for curriculum (i.e. Constitution examination). For students with medical issues that require them to remain home for a non-quarantined longer period of time, that student would be eligible under Section 14-13.01(a) of the School Code.

School Code indicates that services are to be provided when a homebound or hospitalized student is unable to attend school due to a condition certified by a medical statement that indicates that the student will or is anticipated, due to the student's medical condition, to be out of school for a minimum of 10 days of school with at least two days at a time multiple times during the school year for two weeks or more or on an "ongoing intermittent basis," which are expected to total 10 days or more. The required paperwork is available from each building principal.

Students' and Staff Social, Emotional, and Mental Health Needs

The district employs six (6) social workers and thirteen (13) school counselors. They will address issues to illness in addition to other concerns. Families have been asked to provide appropriate information to the school to help identify where mental health is needed for individual students. For employees, the district has an Employee Assistance Program.

In addition to these resources, Safe2Help Illinois is available to students and parents. This is a safe and confidential way to report any student safety concerns. The Helpline can be accessed by calling 844-472-3345, texting SAFE2, or emailing HELP@Safe2HelpIL.com.

The National Suicide Prevention Hotline is also available 24 hours a day for any person who is in a suicidal crisis or a state of emotional distress. 988 has been designated as the new three-digit dialing code that will route callers to the National Suicide Prevention Lifeline (now known as the 988 Suicide & Crisis Lifeline), and is now active across the United States.

When individuals call, text, or chat 988, they will be connected to trained counselors that are part of the existing Lifeline network. These trained counselors will listen, understand how problems are affecting the person calling, provide support, and make connections to resources if necessary.

The previous Lifeline phone number (1-800-273-8255) will always remain available to people in emotional distress or suicidal crisis.

Food Services

The food service program will continue to offer breakfast and lunch to all students in accordance with USDA. Families are encouraged to complete Free and Reduced forms if there is a financial need. Due to supply chain issues, menu items may not be available each day and may change without notice.

Plan Review

Through July 26, 2024, this plan will be reviewed no less frequently than every six months and revised as appropriate after seeking and considering public input. Revisions will address the most recently updated safety recommendations by the CDC, provided in an alternative format accessible to parents who are individuals with a disability as defined by the ADA, and made publicly available on the district's website.